

National Bike Week Events in Kerry



As part of National Bike Week celebrations and getting the county's wheels in motion the following events will take place:

Family Fun 4 Mile Cycle (Sunday 13th June, 5pm - Currow)

Families are encouraged to take part in this fun cycle event. Register for the cycle at Currow Community Centre from 3.30-4.45pm. Savour the family entertainment and view the 45th John Drumm Cup Cycle Race which takes place prior to the Family Cycle. **Please note: All cyclists MUST wear a helmet and children must be accompanied by parent or guardian.**

Directions: From Killarney turn right at Farranfore (at the Centra Shop) & straight to Currow. From Castleisland head for Farranfore after 2 miles take left to Currow.

Cycle to School / Work Series (Everyday Countywide)

Schools that have undergone cycling training and employers are encouraged to promote cycling to work among their students/staff. Make it a social occasion and encourage members of staff who cycle to work to avail of light refreshments on arrival.

'BIKE to your BOOKS' Promotion (Everyday Countywide)

Library users who cycle to Kerry Library Branches during Bike Week will not be charged to borrow books. Cyclists must show their cycling helmet to staff to avail of this offer.

Bike Shop Promotions (Everyday Countywide)

Look out for special in store promotions from participating bike shops.

Cycle Workshops (Specified Dates Below)

Ever wondered how to fix a puncture or what type of bike to buy for you or your child?! A number of theme based cycle workshops will be delivered countywide. Topics to be discussed include:

- Choosing the right bike for your intended use
- Basic bike maintenance - especially puncture repair, tube replacement, minor gear/brake adjustments as well as general tips.

Wheels in Motion



www.bikeweek.ie

Workshops	Aimed at	Date/Time	Venue	Organisers
Bike Maintenance	Novice Cyclist	Sunday, 13 June, 6pm	Currow Community Centre	Currow Cycling Club
Training Programme & Nutritional Advice with Kerry Cyclist Paul Griffin on Radio Kerry	Sportive or Amateur Competition Cyclists	Monday, 14 June 1.30pm-2.30pm	'Talk About' with Anna Curtin on Radio Kerry	Kerry Local Sports Partnership
Bike Selection - Set Up - Bike Maintenance	Novice Cyclist	Wednesday 16 June, 8pm-9.30pm	Meadowlands Hotel, Tralee	Chain Gang Cycling Club, Tralee
Bike Selection - Set Up - Bike Maintenance	Novice Cyclist	Thursday 17 June, 7pm-8.30pm	Sailing Club, Dingle	Cumman Rothaiochta, Dingle

Cyclists Feedback Welcomed

What can Kerry County Council do to promote cycling in the county? Email your comments to: cyclinginkerry@kerrycoco.ie

In Kerry, an organising committee has been established which includes representatives from a number of cycling clubs and Kerry Local Sports Partnership. The week's events have been supplemented by the co-operation of An Garda Siochana, An Taisce, Kerry County Council, Killarney Chamber of Commerce, Order of Malta and Radio Kerry.

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