



INAUGURAL ST BRENDAN WAY CYCLE/CLIMB SATURDAY MAY 16 (Feast-day of St Brendan).

Ardfert → Castlegregory 46k (By bicycle - via Fenit and Blennerville).

Castlegregory → Faha 11k (By bicycle via Stradbally and Cloghane).

Faha → Brandon Creek 10 – 12k (On foot via Brandon Mountain or Mas An Tiompáin - depending on weather).

Start times:

From Ardfert:

08.00 to 10.00

Departure at 08.00 allows four hours to get to Castlegregory. Faster cyclists and those with good bikes should start later.

From Castlegregory:

12.40.

Departure at 12.40 allows one hour twenty minutes from Castlegregory to Faha. Longer route for faster cyclists.

From Faha:

14.00.

Attempt that all should start together from Faha.

Finish Brandon Creek: 17.00.

No entry fee. ---- Participants at their own risk. ---- All participants should wear high-visibility clothing. ----- Refreshments available in Castlegregory. ---- Should be possible to arrange car-pooling and bus/bike transfers. ----- Not a race. ---- Every attempt not to leave anybody absolutely behind. ---- Participants should have change of clothes (particularly footwear) for during event and at the end. ---- Optional swim in Brandon Creek!

Costs for various services if they are required:

1. €5 -transport of clothing/footwear bag (to be available for access in Castlegregory, Faha and return in Brandon Creek).
2. €10 refreshments in Castlegregory.
3. €10 Transport of bike from Faha to Brandon Creek.
4. €20 Return transport of participants and bikes to Dingle, Castlegregory, Tralee and Ardfert.

Base for event: = CASTLEGREGORY.

First attempt to arrange this event and any assistance welcome.

If interested in participating or helping, please contact:

Michael Fitzgerald at: stbrendance@hotmail.com

**For accommodation information contact: Castlegregory Tourist Information Centre
castleinfo@eircom.net Tel: 066 7139422**